

Monday, October 19

Choice of One

Domino's Smart Slice Pepperoni Pizza

EZ Jammers Soy Butter Sandwich

Tossed Salad Meal

<u>Side</u>

Applesauce Cup
Chocolate Milk
Apple Juice

<u>Vegetable</u> Sliced Apples

Tuesday, October 20

Choice of One Macaroni & Cheese

Cui Oili

EZ Jammers Soy Butter Sandwich

or

Tossed Salad Meal

Side

Apple Chocolate Milk Orange Juice

Vegetable Celery Sticks

Wednesday, October 21

Remote Learning Day

Curbside pickup

available at the

High School

18401 Champaign

10:30-12:30

Thursday, October 22

Choice of One Chicken Sandwich on WG Bun

or

EZ Jammers Soy Butter Sandwich

Tossed Salad Meal

Chocolate Milk

Orange Juice

Vegetable Green Beans

Friday, October 23

Choice of One WG Rotini Pasta w/Meat Sauce

or

EZ Jammers Soy Butter Sandwich

Tossed Salad Meal

Chocolate Milk

Orange Juice

Vegetable Broccoli



Monday, October 26

Choice of One

Domino's Smart Slice Pepperoni Pizza

EZ Jammers Soy Butter Sandwich

Tossed Salad Meal

Side

Applesauce Cup
Chocolate Milk
Apple Juice

Vegetable Side Salad

Tuesday, October 27

Choice of One Quesadilla Snack Bites

w/ Salsa Cup or EZ Jammers Soy Butter

Sandwich or Tossed Salad Meal

Side

Apple Chocolate Milk Orange Juice

Vegetable
Refried Beans

Wednesday, October 28

Remote Learning Day

Curbside pickup

available at the

High School

18401 Champaign

10:30-12:30

Thursday, October 29

Choice of One Chicken Tenders

or

EZ Jammers Soy Butter Sandwich

Tossed Salad Meal

Chocolate Milk
Orange Juice

Vegetable Carrots

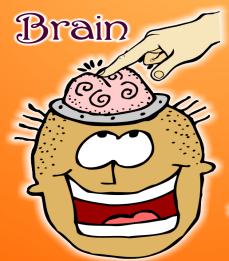
Friday, October 30



Great Pumpkins!

The biggest pumplin
ever recorded
weighed over
2,600 pounds!
That's like a
small carl But
walt, fit gets
better! The
largest pumplin
PIE ever made was
20 first across and
weighed 2,699 pounds!

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay healthy/food/pyramid.html



Ticklers What is a vampire's favorite fruit?

(Hold the page upside down and read it in a mirror for the answer!)

Nack-taring.

